

# THE INNOVATION PROCESS IN HOSPITAL SERVICES: A CASE STUDY IN AN OCCUPATIONAL THERAPY

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#### **ABSTRACT**

The theoretical debates in the literature point to the need of innovations in hospital services. The objective of this article is to identify the conditions of services that facilitate or hinder the process for different types of innovation in hospital services. For this, case studies were developed that allow the identification of the types of innovation found in the physical rehabilitation outpatient clinics of the Occupational Therapy unit (OT) of the Orthopedics and Traumatology Institute (OTI) of the Clínicas' Hospital of the Faculty of Medicine of the University of São Paulo (HCFMUSP). The data collected reveal that the results of hospital services are related to the process of developing innovations in the various stages of the workflow, from the generation of ideas to the diffusion within the hospital unit. On the other hand, the review of the literature based on the reverse cycle of Barras and the complements of Gallouj and Djellal show that the paths of innovation in hospital services and innovations in industrial organizations are opposite. Therefore, the results of the analysis of the five cases selected for study reveal that, under the integrative approach, a process change leads to a product change. Thus, the article concludes that, in hospital services, innovations are born within the organizational structure as well as in external contact with professionals, researchers and surgeons.

**Keywords:** Innovation in hospital services; Types of innovation; Rehabilitation, Reverse cycle, Hospital services.

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# 1. INTRODUCTION

Gallouj (1998) questioned the ability of firms to effectively innovate in services, arguing that changes in service organizations could be understood only as modified results and values of the manufacturing activities. In view of this, Gallouj and Windrum (2009) and Gallouj and Savona (2009), question the specific need to create a new theoretical approach to service innovation.

On the other hand, if the service sector has a major importance in the world economic scenario, another question arises: do manufacturing theories support the process of innovation in services or an integrated approach that supports goods and services would be more suitable? To answer this question, it is important to know the paths of innovation in services and the conditions of use of technical, operational and organizational resources that support or hinder the innovation process.

It is in this context that innovations in hospital services are relevant, because, as Salge and Vera (2009) have shown, such organizations devote a great deal of attention to innovations, although they lack knowledge about its development. This lack is verified when analyzing the literature dedicated to hospital innovations, in which it is observed that the understanding of the innovation theme, in its majority, is directed towards medical innovations.

However, according to Djellal and Gallouj (2007), hospitals are complex service providers and health system hubs. Thus, according to the same authors, clients should be considered as consumers of a complex set of services to meet their particular and familiar needs.

Thus, the understanding about innovations in services in hospital environments requires a holistic analysis of the hospital organization in all its aspects, that is, it should not only be limited to those directly related to medical activities, understood as techniques, but have other, related to support and organizational operations, such as rehabilitation, reception, hospitality, nutrition and communication.

This article investigates, through the study of cases of innovation, in the Occupational Therapy unit (OT) of the Institute of Orthopedics and Traumatology (OTI) of the Clínics's Hospital of the Medical School of the University of São Paulo (HCFMUSP). The ideas for innovations in hospital services are generated, converted into effective results and disseminated by its stakeholders. The objective of the research is to identify service conditions that facilitate or hinder the process for different types of innovation.

# 2. THEORETICAL BACKGROUND

Many authors have used examples of service innovation, showing a multiplicity of types of innovation requiring different theoretical approaches to understand their processes.

For Gallouj (1998), three are the most indicated approaches: technicist, service-oriented (differentiation), and integrative.

The first approach, the technicist, works on innovations in services such as manufacturing (tangible) technological conceptions and, according to Djellal et al. (2003), the incorporation of ICTs triggers non-technological innovations in organizations, requiring modifications in the organizational structure.

The main contribution to the understanding of this approach was elaborated by Barras (1986), with the "reverse product cycle" model, showing that the innovation in services runs in the opposite direction to that of technological innovation. Thus, Barras (1986) considers, in the first moment of the introduction of a new technology, the incremental process innovation aimed at improving efficiency, then radical innovation in processes, focusing on service quality, and, finally, the radical product innovation, resulting from new services or existing service recombination.

The second approach of Gallouj (1998) is service-oriented, and considers user-producer relations as the distinguishing feature of services production from manufacturing; so much so that, for Gallouj and Savona (2009), the first orientations for a Service-oriented innovation are the Knowledge Intensive Business Service (KIBS) and the ad hoc innovations.

The third approach of Gallouj (1998) is known as integrative and proposes the combination of goods and services to form a single theory of innovation. Therefore, the theory about the management of services puts the presence of the client and the intangibility of the results as operating conditions. The tendencies point to the concept that "product" is the end result, that is, the solution to the problem of the patient or client, be it a good (tangible) or a service (intangible), according to BRAX (2005), SPRING and ARAÚJO (2009), TUKKER (2004) and PAWAR, BELTAGUI and RIEDEL (2009).

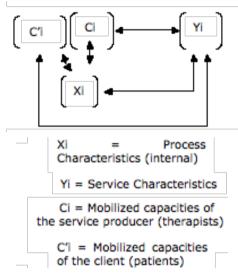
According to Gallouj and Savona (2009), the integrative approach is one that offers the best conditions for the theoretical development of innovation in services; however, the authors emphasize that, if the specific needs of the customer are met by the consumption of goods, services or both, the distinction between both is unnecessary.

However, Gallouj and Weinstein (1997) show that the provision of a given service can be understood as the result

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of a final technical characteristics obtained from the combination of the technical characteristics that mobilize certain competencies. The authors emphasize that the participation of the client in co-production is one of the main characteristics of the provision of services when shared to the production of certain goods.



**Figure 1.** Representation of a product Source: Gallouj and Welnstein (1997)

However, for Zuckerman et al. (2013), a particular importance shall be the recognition of user-led innovation, a concept that shows the innovation process made by a small but significant percentage of users. In this case, user-led innovation is very important because the health care professionals and patients have an intimate perception of problems, needs and of the possible solutions.

In figure 1, Xi represents a set of technical characteristics with the following meanings: tangible technical

characteristics of front-office; tangible technical back-office features and the intangible technical characteristics of front-office and back office, as well as organizational characteristics. Yi represents the set of final characteristics, obtained by a combination of technical characteristics Xi. Ck are the mobilized competencies of the service provider, while the term C'k represents the competencies of the customer.

On the other hand, Hansen and Birkinshaw (2007) emphasize that the integrative approach suggests that value creation for service organizations may be embedded in an innovation value chain, consisting of generating ideas, converting them into products and disseminating practices and products obtained by the organization.

It is important to note that, for Sundbo and Gallouj (1998), there may be product, process, organizational or market innovation, and according to Gallouj and Weinstein (1997), if the product is a set of characteristics, innovation will be any change that has the potential to impact such characteristics. The intensities considered can be radical, improvement, incremental, ad hoc, recombination or formalization.

On the other hand, Djellal and Gallouj (2005, 2007) propose a more dynamic understanding of innovation in hospital environments. They expand their definition to other forms, not only the techniques and technologies of medical practices, but also organizational with varying degrees of intensity, such as radical, incremental or improvement. Thus, the outputs of the hospital services, for Djellal and Gallouj (2005), must meet the following variables:

a) Component of the services provided within the hospital organization (Si): the most important are the medical, hotel, and nutrition services, administrative and managerial services;

Table 1. Innovation value chain

		IDEA GENERATI	ON	CON	DIFFUSION		
	IN-HOUSE CROSS		CROSS-POLLINA- EXTERNAL		DEVELOPMENT	SPREAD	
	Creation with-	TION	Collaboration with	Screening and	Movement from Idea	Dissemination across	
	in a unit	Collaboration	parties outside the	initial funding	to first result	the organization	
		across units	firm				
KEY	Do people in	Do we create	Do we source	Are we good at	Are we good at turning	Are we good at diffus-	
QUES-	our unit create	good ideas by	enough good ideas	screening and	ideas into viable prod-	ing development ideas	
TIONS	good ideas on	working across	from outside the	funding new	ucts, businesses, and	across the company?	
	their own?	the company?	firm?	ideas?	best practices?		
KEY	Number of	Number of	Number of	Percentage of all	Percentage of funded	Percentage of penetra-	
PERFOR-	high-quality	high-quality	high-quality ideas	ideas generated	ideas that lead to	tion in desired markets,	
MANCE	ideas generate	ideas generated	generated from	that and up be-	revenues; number of	channels, customers	
INDICA-	within a unit	across unit	outside the firm	ing selected and	months to first sale	groups; number of	
TORS				funded		months for full diffusion	

Source: Adapted for Hansen and Birkinshaw (1997)

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- Means of service delivery, corresponding operations or functions and associated technologies:
- b.1) Material (M): material operations with corresponding sciences and technologies, logistical and material transformation that involve the processing of tangible objects, that is, transporting, transforming, maintaining or repairing them;
- b.2) Informational (I): informational operations with corresponding sciences and technologies, logistical and information processing that involve the gathering and processing of codified information, that is, producing, capturing, transporting, archiving, and updating it;
- b.3) Methodological (K): methodological operations with corresponding sciences and technologies, involving the intellectual processing of knowledge, using codified methods and routines and intangible technologies;
- b.4) Relational (R): contacting or relational service operation with corresponding sciences and technologies and service operations in which the principal medium is the customer and which consists of a direct service provided in contact with the customer and with a greater or lesser degree of interaction;
- c) Competences mobilized of service producers (C) or clients (Ci): are the professional skills, individual or team that operates in the hospital organization and often are expressed tacitly, so difficult to identify. These competences are derived from various sources: initial education and training, continuing training, experience and, more generally, the various interactions that are sources of learning.
- d) Final characteristics of the service (Y): this is the value generated to the customer and perceived by him; indicates the usefulness of a particular service component. It is the result of combining the means of providing services (M, I, K, R) and competences mobilized skills (C; Ci). In service activities the task of identifying and labelling them may vary in terms of difficulty, depending on the type of constituent service in question. If the hospital service, as a whole, is adopted as the unit of analysis, then it can be defined as a package type of service. In this case, a simple way of denoting the service characteristics is to represent them in terms of the various constituent services or functions that make up the package.

e) Interorganizational and intraorganizational relationships: these are the relational aspects that involve the interactions between the stakeholders in different environments, both internal and external to hospitals, as Chesbrough (2003) points out in open innovation.

On the other hand, Lambooij and Hummel (2013) show that a service, including hospital service, can be understood as the result of a combination of technical characteristics obtained from the combination of operations and competencies of the service providers and the patient or client in its co-production.

However, according to Lambooij and Hummel (2013), many innovations applied to hospital services do not affect target groups; they are not applied in daily practice and do not provide benefits to the actors involved, because there is no policy and balance of power among stakeholders that consider a social deployment and not only technique of innovation, which creates negative impacts on the speed and diffusion of innovations in the organization.

#### 3. METHODOLOGY

In order to reach the objectives of the article, the research focused on the innovation process of the rehabilitation clinics of the Occupational Therapy units of the Orthopedics and Traumatology Institute (OTI) of the Clinics's Hospital of the University of São Paulo (HCUSP).

Because it is a Public University Hospital, HCUSP offers favorable conditions for the development of academic work and, by working with several specialties, enables the researcher to contact a variety of situations to enrich the research.

The proximity to IOT researchers allowed the identification of better working conditions and a space not yet explored for the discussion of innovation processes in hospital services.

On the other hand, the dynamics of the activities of the Occupational Therapy unit of the Orthopedics and Traumatology Institute, its proximity to the development of medical research and the interest of its professionals in the innovation processes coincided with the interests of this research.

The first step was the recognition of the field of research, that is, an attempt was made to understand the meaning, functions, differences, and importance of Occupational Therapy as support activities of orthopedic trau-

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ma or post-surgical treatments and in the rehabilitation of patients. Field research, at this stage, focused on the rehabilitation in outpatient clinics of the Occupational Therapy units of the Orthopedics and Traumatology Institute.

During the months of September, October and November of 2016 and January 2017, about 10 hours per week were devoted to field research.

From there, the research developed in two parts: a theoretical conceptual basis on innovation in hospital services and qualitative data collection in the respective outpatient clinics.

Field surveys were developed in three moments: the first was observational, the second was devoted to interviews with directors and coordinators of the unit, and the third was interviews with the therapists.

Among the innovations identified in the studied environment, five were analyzed under the integrative approach of Gallouj (1994) and Gallouj (1998). These cases are representative of the innovation value chain in different aspects, such as: where and how the generation of the idea occurred; if there was the participation of external professionals or patients, and how the idea was disseminated in the Occupational Therapy unit.

The final analysis of the information and data collected were shared and validated with the director responsible for the Occupational Therapy unit. In this way, each identified innovation process created potential for sharing and diffusion throughout the unit.

The bibliographical references found for the topic under study refer to classic articles that show the state of the art for innovation in hospital services. As the theoretical basis on innovation in hospital services is not fully consolidated, this article hopes to contribute through the analysis of the practical cases studied.

# 4. RESULTS AND DISCUSSIONS

Among the innovations identified in the studied environment, five innovations were selected, according to table 2. The analysis of these innovations will be discussed in light of the "reverse product cycle", a model proposed by Barras (1986), the framework developed by Djellal and Gallouj (2007), and the first theories of Gallouj (1998) for innovation in services.

Table 2. Innovation cases identified in the Occupational Therapy Unit

IDENTIFIED INNO- VATIONS	DESCRIPTION				
1) Ortheses labo- ratory	Interorganizational partnership: group of surgeons and OT team. Laboratory for confection of bracing in different materials, counts on software, 3D printer, and robots.				
2) Process of care	Treats ambulatory care in the OT unit, rehabilitation processes and patient reception.				
3) Ankle and Foot Orthosis (Weil) - (Surgery Tech- nique)	It deals with a new field of knowledge within the surgical procedures of the ankle and foot. It was born of the partnership between orthopedic surgeons and operative therapists.				
4) Clinical Research - post surgical treatment for Dupuytren's disease	After the surgical procedure, the occupational therapy unit should work on new rehabilitation techniques and verify how patients who undergo classical surgery and those who undergo stem cell surgery behave.				
5) Annual Opera- tions Planning	Annual meeting of the work team: therapists, health aides, coordinators, and unit director. It analyzes the current situation (successes and failures) and projects the future within the horizon of one year.				

Source: prepared by the authors

# 1) Orthoses laboratory

Objective: to produce orthoses with different types of materials.

The material that requires higher processing temperatures in favor of greater flexibility, combination of materials, higher quality, longer durability, higher stiffness, and shorter processing time.

The laboratory is a good example of the application of technological innovation in services, reinforced by the evidences of the three phases of the reverse product cycle of Barras (1986): first, the efficiency improvement, obtained by training the team of therapists to characteristics of the new process; the mastery of the new process leads to the maturity of knowledge regarding 3D printing, that is, since it is a new and totally different process from the existing process. Finally, in a third phase, it will be possible to create a new material orthosis, which will result in a new way of providing orthotic services to patients, reduction in the time of manufacture and increase in the quality of the product, providing greater patient comfort, durability and flexibility of use.



# 2) Process of care

Objective: to adjust to the availability of specialized personnel to autonomy and functionality.

This innovation reveals the relational and patient character of the therapist, the co-production of the service, the particularity of being ad hoc, as well as highlighting the specialized knowledge-intensive service (KIBS) of occupational therapists. These are packages of services rendered directly to the patients, but demanded by the physicians of the outpatient clinic.

# 3) Ankle and Foot orthosis of Weil

Objective: Leverage medical outcomes and outpatient rehabilitation for ankle and foot surgery. This innovation has an essentially technical surgical character. These are new therapeutic procedures for foot rehabilitation that require the use of orthoses to maximize treatment results, allowing greater functionality and autonomy for patients. In this process, the expertise and competences of the therapists contributed decisively to the success of the surgical result. Therefore, as it was a new experience, generated from the partnership between the Occupational Therapy unit and the orthopedic surgeons, it can be considered as a radical, integrative, interorganizational innovation, the result of which is a new product of the hospital service offered to patients. It is a type of knowledge-intensive service (KIBS).

# 4) Clinical Research - post-surgical treatment for correction of Dupuytren's disease.

Objective: To compare the treatment and behavior of patients who underwent classical surgery and stem cell surgery.

Because it is a research order, it can be considered that this innovation is radical, with an integrative approach of Gallouj (1994) and interorganizational. On the other hand, the reverse cycle of the product of Barras (1986) is verified, as it seeks to improve efficiency in post-surgical rehabilitation, followed by a new knowledge and reach of maturity, characterizing a radical innovation and finally the generation of a new product of the service applied, represented by the new protocols for the surgical process and for the post-surgical rehabilitation.

# 5) Annual Operations Planning:

Objective: To improve the critical processes of the Occupational Therapy unit.

It is an incremental and intraorganizational innovation, to improve the critical processes of the Occupational Therapy unit. The actions developed aim at the delivery of a new form for appointment scheduling or high patient clinics. On the other hand, therapists seek to be able to improve the performance of the billing system through courses that generate revenues by disseminating knowledge to external clients.

Table 3 shows a framework of the functional and relational division of innovation for each of the innovations described in Table 2, with reference to the work of Djellal and Gallouj (2007).

Thus, from framework shown in the table 3 for this research:

Si is the services provided by the OT unit:

- 1) New process for orthoses conceived from the laboratory;
- 2) Process of care for rehabilitation and processes to receive the patient (reception);
- Ankle and foot orthosis (Weil) a surgery technique and a new field of knowledge within the surgical procedures;

Table 3. Framework functional and relational division of OT outputs

Organization Level	Service Components	Mobilized Skills	Means of service				Final Features
Oi	Si	Ci	Mi	li	Ki	Ri	Yi
1) External	Orthosis	Knowledge	New Materials	Software	Routines	Ad Hoc	New Orthosis Autonomy
2) External	Rehabilitation	New KIBS	Infrastructure	Infrastructure	New Routines	Coproduction	Functionality
3) Surgeons	Post-Surgery	New KIBS -	Infrastructure	Infrastructure	New Routines	Ad Hoc	Functionality
4) Surgeons	Post-Surgery	New KIBS -	Infrastructure	Infrastructure	New Routines	Ad Hoc	Functionality
5) Internal	Planning	Training	Infrastructure	Infrastructure	New Routines	Internal OT	Processes improvement

Source: adapted from Djellal and Gallouj (2005)



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- 4) Clinical research a post surgical treatment for Dupuytren's disease; for the occupational therapy unit there will be new rehabilitation techniques;
- Annual operations planning is a special meeting of OT work team for planning new routines and innovations

**Yi**: are the expected results with innovation and they generate value for patients - Yi = f (Ci, Mi, Ii, Ki, Ri):

- To produce orthoses with different types of materials;
- 2) To adjust to the availability of specialized personnel and allow greater autonomy and functionality to the patients;
- 3) Leverage medical outcomes and outpatient rehabilitation for ankle and foot surgery;
- To compare the treatment and behavior of patients who underwent classical surgery and stem cell surgery;
- 5) To improve the critical processes of the Occupational Therapy unit.

**Ci** is the new knowledge acquired with innovation or mobilized capacities of the service producer (therapists and patients):

Service means are operations: (Ii) methodological operations; (Ki) creation of new routines; (Ri) Relational operations; and (Mi) Materials and equipment used.

**Organizational level (Oi)** external/internal partnerships: therapist relationships among themselves or with patients and surgeons.

# 5. CONCLUSIONS

This article identified and analyzed five innovations in the Occupational Therapy unit of the IOT during the period studied. The studies pointed out that the processes of innovation dealt with the integrative approach, according to Gallouj (1998) and Gallouj (1994), as well as the assumptions of the "Reverse cycle of the product" of BARRAS (1986). On the other hand, the development of research shows that innovations are achieved according to the innovation value chain studies of Hansen and Birkinshaw (1997).

In the product and processes innovations evaluated, the relative effectiveness was observed and the patient, through

co-production, contributed to the success of his own treatment. The interaction between therapists, patients, and surgeons was one of the success factors of the innovations analyzed.

The innovations were born from ideas to improve processes, generated within the OT team and from external demands, such as those of orthopedic surgeons. For the OT team the innovations represented opportunities for professional growth and effectiveness in the treatments of each patient. For surgeons, however, innovations were opportunities for improving outcomes in post-surgical complications.

The main difficulty encountered during the research was to establish a criterion for identifying innovations, since the idea that innovation should be technological and that it would only make sense if innovation was radical prevailed.

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